

# JANUARY 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>Mon– Fri</b> Breakfast <b>\$6.15</b> 7:30-8:30am Continental until 9:00 Lunch <b>\$9.70</b> 11:45-1:15pm Dinners <b>\$11.70</b> 5:15-6:45pm <b>1</b>	<b>Sat &amp; Sun</b> Brunch <b>\$9.70</b> 10:00-11:00am Dinners <b>\$11.70</b> 5:15-6:45pm <b>2</b>	Vegetarian or Vegan Entree Dinner Entree Vegetarian or Vegan Entree Soup of the Day <b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>BRUNCH</b> Texas Toast Fried Chicken or Portobello Mushroom Burger <b>12</b>	<b>BRUNCH</b> Mango Pancakes Brown Sugar Pork Loin or Veggie Quesadillas <b>13</b>
<b>BRUNCH</b> Biscuit & Gravy Beef or Vegan Shepherd's Pie <b>14</b>	<b>BRUNCH</b> Assorted Quiche Baked Ziti or Corn & Rice Cakes <b>15</b>	Hot Dog Bar or Cheese Enchiladas Pork Chop or Bean Nachos Chicken Noodle <b>16</b>	Pasta Bowl or Spaghetti Squash Meatball Bar Tuscan Bean <b>17</b>	Turkey Wrap or Posole Pizza & Pasta Bacon Chowder <b>18</b>	Mac n Cheese Bar Mojo Jerk Chicken Eggplant Tagine Clam Chow- <b>19</b>	<b>BRUNCH</b> Belgian Waffles Italian Beef or Veggie Stew <b>20</b>
<b>BRUNCH</b> Chocolate Chip Pancake Pineapple Rum Glazed Ham or Koshari <b>21</b>	Nacho Bar Chicken Alfredo or Berbere Stew Onion Soup <b>22</b>	Global Taco Bar Kalua Pork or Chow Mein Beef Barley <b>23</b>	Pizza & Caesar Roast Turkey Moroccan Couscous Vegetable Soup <b>24</b>	Turkey Sloppy Joe or Chickpea Stew Lasagnas Black Bean <b>25</b>	BBQ Pork or Tofu Fried Rice Fresh Catch or Singa- pore Noo- dles <b>26</b>	<b>BRUNCH</b> Breakfast Burrito Twisting Terra <b>27</b>
<b>BRUNCH</b> Huevos Ranchero Biscuit Beef Stew or Asian Noodle Stir Fry <b>28</b>	Chicken Parmesan or Tofu Stir Fry Pizza & Nuggets Turkey Rice <b>29</b>	Mole BBQ Beef or Stir Fried Rice Chicken & Biscuit Bar or Vegan Stew Curry Lentil <b>30</b>	Wet Burritos Breakfast @ Dinner Cream of Chicken <b>31</b>			

Hawaii Pacific University DINING COMMONS

Vegetarian entrees featured daily  
 ~ Vegan & Celiac upon request



Mindful Healthy Choices

