



Volunteer with 'ĀINA In Schools!

- Now recruiting volunteer docents to teach monthly Garden, Compost, or Nutrition Lessons at our partner 'ĀINA Schools on O'ahu for the 2017-2018 school year.
- No experience necessary. Training provided!
- A great way to fulfill your practicum requirements!

'ĀINA Docent Responsibilities and Time Commitment

- 'ĀINA Garden, Compost and Nutrition Docents are trained to work together as a team of parents, teachers, and community members to deliver 'ĀINA Lessons to students in one elementary grade, at one 'ĀINA School.

Time Commitment:

- One school year (Aug-May)
- Attend quarterly trainings and teach a total of 8 monthly lessons at the 'ĀINA School and grade assigned to match volunteer's schedule and location.
- Total time commitment of 5-6 hours a month

The 'ĀINA In Schools program began in 2006, and focuses on:

- Addressing **childhood health** issues by fostering healthy eating habits and physical activity.
- Encouraging **environmental stewardship** by connecting children to the land, waters, and food that sustains them.
- Contributing to a **healthy local food system** by supporting Hawai'i's farmers.

Six Integrated Program Components

- **Nutrition Education** empowers students to try new foods and make healthy choices that will last a life time.
- **Garden-Based Learning** transforms the school garden into a learning laboratory where all subjects are explored.
- **Healthy Food on Campus** increases local, fresh products in school lunches and snacks to provide healthy choices and support local farms.
- **Agricultural Literacy** introduces students to where their food comes from and who grows and prepares their food.
- **Waste Reduction** reduces, reuses and recycles waste in gardens, schoolyards, cafeterias, and classrooms.
- **Family & Community Outreach** raises awareness to support student, family, and community health and wellness.



Contact Us!

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