

Sample (Example) Debriefing

Include related studies and cite sources, if applicable.

Thank you for participating in our study. We have gotten useful information on the effects of encouragement on persistence. The main purpose of our study was to see if previous success on a task and encouragement caused people to persist longer at a task.

Some of you were given a short amount of time to work on the first set of mazes, and some of you were given a longer amount of time. We expected that people who had longer amounts of time would complete more mazes and would feel more successful. The last maze you worked on was very hard (almost impossible) to complete. We timed how long you worked on the last maze as an indicator of your level of persistence. We also encouraged some of you and not others.

We expect that people will be more likely to persist at an impossible task if they experienced success and encouragement while doing the first set of mazes.

Related studies were done with 7th and 8th Graders (Van Hecke & Robert, 1987). Compared to Subjects who worked alone, Subjects who were encouraged persisted longer, reported higher success expectancies, raised their success expectancies more throughout the task, rated their performance more highly, and chose more often to engage in a difficult post-task.

Include this paragraph verbatim: If you have any questions about this study, feel free to contact my advisor, [your advisor's name], at [your advisor's email address] or [your advisor's telephone number]. If you have any questions about your rights as a research participant, please contact the IRB Chair at 808-566-2467 or irbchair@hpu.edu.

Thank you for your time and cooperation.

Hecke, M., & Robert, T.J., (1987). The influence of adult encouragement on children's persistence. *Child Study Journal*, 17(4), 251-268. doi