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# MERJURIE FAIR RICKLEFS, MSN, APRN, PMHNP-BC, RN-BC

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## PSYCHIATRIC/MENTAL HEALTH NURSE PRACTITIONER

*Highly dedicated healthcare professional seeking a Psychiatric/Mental Health Nurse Practitioner Instructor role at Hawaii Pacific University.*

As a PMHNP, Instrumental in maintaining confidentiality of patients, families, and any sensitive situations, as well as evaluating patients in need of mental healthcare. Possess knowledge in assessment, evaluation, diagnosis, implementation, planning and monitor progress, computerized record-keeping, and patient care delivery. Proven ability to build strong relationships with patients, families, physicians, and medical professionals, and remain calm under pressure, while making correct decisions in emergency situations. A team player and an articulate and refined communicator with multilingual skills in English and two different Filipino languages, such as Visayan and Tagalog.

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### CORE COMPETENCIES

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Psychiatric Nursing • Patient Care • Medical Terminology • Healthcare Support • Diagnosis/ Treatment Plans • Quality Improvement • Case Management • Emergency Response • Problem Solving • Communication Skills • Microsoft Office

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### EDUCATION & CREDENTIALS

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**Doctor of Nursing Practice (DNP)**, Aspen University, Denver, CO, In progress, May 2021 – October 2023 (Current GPA 3.93)

**Psychiatric and Mental Health Nurse Practitioner** Allen College, Waterloo IA

**Master of Science in Nursing, Psychiatric & Mental Health Nurse Practitioner**, Allen College, Waterloo IA  
(GPA: 3.76)

**Bachelor of Science in Nursing, Cum Laude**, Chaminade University of Honolulu, Honolulu HI, 2014

**Compact Nurse Practitioner – C- APN Psychiatric/Mental Health in Colorado, License # C-APN.0100515-C-NP**

**Licensed APRN-CNP in Idaho, License # 66558**

**Licensed RN in Idaho, License # 66558**

**Licensed RN in Iowa, Active License # RN 139658**

**BLS, Basic Life Support**

**Certified Nursing Assistant, Caregiver Training School Certification, 2011**

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### PROFESSIONAL EXPERIENCE

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**HAWAII PACIFIC UNIVERSITY, Honolulu, HI**

July 2023 – Present

**PMHNP Track Coordinator/Assistant Professor**

- Teach advanced practice courses alongside didactic and clinical practicum.
- Review applications and make decisions to incoming students in the PMHNP Track.
- Advises graduate nursing students in the PMHNP track and serves as the first point of contact regarding progression, certification, and graduation in the PMHNP program.
- Works closely with the Graduate Program Chair and Institutional Designers in promoting academic rigor and academic quality in curriculum development and course delivery for the PMHNP program.
- Work with the Clinical Director through assistance and answering questions related to clinical placements for PMHNP students.
- Serve as a contributing personnel for the Graduate Program Chair to contribute to the success of the PMHNP program.

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- Regularly reviews course materials to ensure up-to-date information are delivered to students along with promotion of evidence based practice.
- Mentor Faculty members in the PMHNP track to help support both success of students and faculty utilizing Blackboard and EXXAT
- Serve and
- PROVIDES PSYCHOTHERAPY AND MEDICATION MANAGEMENT

**AUTUMN LEAVES PSYCHIATRY, Idaho Falls, IA**

March 2021 – Present

**Owner/Psychiatric Nurse Practitioner/CEO**

- Serve patients who are experiencing various mental health diseases such as anxiety disorders, mood disorders, schizophrenia and schizoaffective disorders, and major depressive disorders in an inpatient behavioral health crisis floor and outpatient psychiatric clinic.
- PROVIDES PSYCHOTHERAPY AND MEDICATION MANAGEMENT

**ADVOCACY CENTER, Spencer, IA**

Feb 2021 – April 2021

**Psychiatric Nurse Practitioner**

- Serve patients who are experiencing various mental health diseases such as anxiety disorders, mood disorders, schizophrenia and schizoaffective disorders, and major depressive disorders in an inpatient behavioral health crisis floor and outpatient psychiatric clinic.

**SPENCER MUNICIPAL HOSPITAL AND AVERA MEDICAL GROUP SPENCER, Spencer, IA**

Jan 2020 – May 2020

**Student Psychiatric Nurse Practitioner**

- As a student psychiatric nurse practitioner, perform duties in inpatient behavioral unit in the guidance of a seasoned psychiatrist and a psychiatric nurse practitioner.
- Serve patients who are experiencing various mental health diseases such as anxiety disorders, mood disorders, schizophrenia and schizoaffective disorders, and major depressive disorders in an inpatient behavioral health crisis floor and outpatient psychiatric clinic.

**SPENCER MUNICIPAL HOSPITAL AND AVERA MEDICAL GROUP SPENCER, Spencer, IA**

Aug 2019 – November

**Student Psychiatric Nurse Practitioner**

- As a student psychiatric nurse practitioner, perform duties in inpatient behavioral unit in the guidance of a seasoned psychiatrist and a psychiatric nurse practitioner.
- Serve patients who are experiencing various mental health diseases such as anxiety disorders, mood disorders, schizophrenia and schizoaffective disorders, and major depressive disorders in an inpatient behavioral health crisis floor and outpatient psychiatric clinic.

**SPENCER MUNICIPAL HOSPITAL, Spencer, IA**

Jan 2019 – May 2019

**Student Psychiatric Nurse Practitioner**

- Possessed 153 working hours in clinical rotation as student psychiatric nurse practitioner; scheduled to perform duties in the inpatient behavioral unit in the guidance of a seasoned psychiatrist.
- Coordinated with patients suffering from mental health conditions such as anxiety disorders, mood disorders, schizophrenia and schizoaffective disorders, and major depressive disorders.

**IDA GROVE FAMILY HEALTH CENTER, Ida Grove, IA**

Summer 2019

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## ***Student Psychiatric Nurse Practitioner***

- Worked for 75 hours in clinical enrichment outside of psychiatry and mentored by a family practice nurse practitioner.
- Acquired knowledge of family medicine and cared for several patients who suffered from psychiatric and medical issues.

**IDA GROVE FAMILY HEALTH CENTER**, Ida Grove, IA

Summer 2019

## ***Student Psychiatric Nurse Practitioner***

- As student psychiatric nurse practitioner, served for 39 hours of clinical rotation in a family medicine outpatient clinic and cared for various patients who suffered from psychiatric issues and medical issues.

**ACE-SAP FREE MEDICAL CLINIC**, Waterloo, IA

Summer 2018

## ***Student Nurse Practitioner***

- Actively engaged in 16 hours' community service as a student nurse practitioner to facilitate the underserved population in Waterloo IA area with medical and psychiatric needs.

**HORN MEMORIAL HOSPITAL**, Ida Grove, Iowa

Jul 2015 – August 2016

## ***Registered Nurse***

- Registered Nurse for a critical access hospital delivering care for patients in Medical Surgical/ Pediatric floor.

**AMERICAN RED CROSS, TRIPLER ARMY MEDICAL CENTER**, Honolulu, Hawaii

Feb 2015 – Apr 2015

## ***RN Volunteer***

- Formulated a teaching PowerPoint presentation for health care professionals to handle referrals for active military service members and their dependents ready to go for treatment. Assisted a seasoned nurse practitioners handle referrals for active duty military personnel's and their dependents who needed psychiatric care.

**TRIPLER ARMY MEDICAL CENTER**, Honolulu, Hawaii

Mar 2014 – May 2014

## ***Student Nurse, Clinical Immersion***

- Worked alongside a seasoned nurse practitioner in providing mental health care to service members and their families.
- Delivered support with referrals and formulating treatment options for patients suffering from PTSD, substance use and other psychiatric behaviors.

**LANAKILA MARCH FOR MEALS ON WHEELS**, Honolulu, HI

Spring 2014

## ***Volunteer***

- Supported older adults from their buses to capitol. Put up signs to help raise awareness about senior hunger in Oahu.

**SPECIAL OLYMPICS**, Honolulu, Hawaii

Fall 2014

## ***Volunteer***

- Encouraged and assisted the special needs population by ensuring they are hydrated throughout the event and by supporting with their objectives.

**QUEENS MEDICAL CENTER**, Honolulu, Hawaii

Jun 2013 – Aug 2013

## ***Student Nurse Intern***

- Performed duties under the guidance of a nurse preceptor in the Medical Surgical/Telemetry Float Pool.

**PAPAKOLEA ARTICLE**, Honolulu, HI

Spring 2013

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## **Volunteer**

- Wrote an article about Diabetes and Obesity prevention, to highlight the most rampant health issues in the Native Hawaiian Papakolea community.

**PAPAKOLEA GARDENING**, Honolulu, HI

Fall 2012

## **Volunteer**

- Motivated and supported Papakolea community to plant nutritious foods in their home garden and later harvested and distributed in community.

**RESEARCH PROJECT AND ADMINISTRATION SURVEY**, Honolulu, HI

Fall 2011

## **Volunteer**

- Conducted surveys to know community members perceptions on the top health social problems in Hawaii.

**I-REC**, Honolulu, HI

Fall 2010

## **Volunteer**

- Facilitated special needs children and adults with arts, crafts and baking also liaised with them to help build their self-esteem.

**DRUG EDUCATION FOR YOUTH**, Honolulu, HI

Summer 2010

## **Volunteer**

- Trained and coached children ranging from 8 to 12 years for a two-week summer camp in effort to provide positive self-esteem and capabilities to reject influence in drugs and alcohol in young adults.

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## CERTIFICATES AND CERTIFICATIONS

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- **Certified Mindfulness Informed Professional (CMP)**
  - Clinical Trauma Professional (CTTP)
  - Cognitive Behavioral Therapy (CBT)
  - Dialectical Behavioral Therapy (DBT)
- **Certification Training in Treating Anxiety Disorders in Children and Adolescents**
  - Certified Grief Counseling Specialist (CGCS)
  - Accelerated Resolution Therapy (ART)
- **Chopra Prodromal Meditation Certification (*In Progress*)**
  - Sound Healing Certification (*In Progress*)
  - Energy Healing Certification (*In Progress*)

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## SOCIETIES/MEMBERSHIP

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American Nurses Association, 2014 – Current  
Sigma Theta Tau, Honors Society in Nursing 2013 – Current  
National Student Nurses Association, 2013 – 2014  
Delta Epsilon Iota 2012 – 2014

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## AWARDS

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The National Society of Leadership and Success, September 2022  
Gale Nielsen Evidence-Based Graduate Project Award Nominee, Spring 2020  
Na Liko Naauao Awardee at Chaminade University of Honolulu - 2012  
Na Liko Naauao Awardee at Chaminade University of Honolulu - 2011

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## CLINICAL EXPERIENCES IN UNDERGRADUATE BSN SCHOOL

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Tripler Army Medical Center, Psychiatric/ Behavioral Health Nurse Case Management, 245.5 hours, spring 2014  
Kaiser Permanente, Post Anesthesia Care Unit, spring 2014  
Kaiser Permanente, Intensive Care Unit, spring 2014  
Department of Health, Public Health Nursing, fall 2013  
Tripler Army Medical Center, Psychiatric Nurse Case Management, fall 2013  
Kahi Mohala, Psychiatric Nursing, fall 2013  
Kulana Malama, Pediatric Nursing, spring 2013  
Queens Medical Center, Labor and Delivery/ Post-Partum, spring 2013  
Waipahu Dialysis Center, fall 2012  
Queens Medical Center, Same Day Surgery, fall 2012  
Queens Medical Center, Medical Surgical, fall 2012  
St. Francis Hospice, spring 2012  
Avalon Care Center, Geriatrics, spring 2012