



The Pre-Physical Therapy Program at HPU

Physical Therapy combines the best of anatomy & physiology, exercise science and health care. If a career in this field is your goal, this checklist will help you plan your years at HPU and assist you in becoming a competitive and successful applicant. Please contact the Pre-Health Professions Specialist, Dr. Allison Bachlet (abachlet@hpu.edu) with any concerns or questions at any step of the way.

GREAT CANDIDATES WILL HAVE:

Practical and Volunteer Experiences with Physical Therapists / Clinics
Outstanding Biology and Science Grades
Great people and cultural skills, as well as Personal Integrity

Freshman / Sophomore Year

- Meet with pre-health professions specialist and discuss future ideas and plans
- Work with science advisors to plan out course selection
- Attend seminars on careers in the health care field
- Join the Pre-Health Club & / Honor Societies
- Get volunteer experience in health care

Sophomore / Junior Year

- As for freshman year PLUS:
- Assess GPA and reality of attaining goals
- Explore other options in health care to make sure physical therapy is what you really want
- Assess your financial status and explore options for financing graduate school
- Start researching schools and programs
- Explore the American Physical Therapy Association website (www.apta.org) and get familiar with PTCAS application process (www.ptcas.org)
- Take practice GRE tests on-line
- Expand volunteer experience

Junior / Senior Year - Application Year

Fall

- Meet with pre-health specialist to discuss application plans and timeline
- Complete the pre-health professions readiness assessment and self-evaluation
 - Provided by Dr. Bachlet ** Due January 1st **
- Continue with clinical and volunteer experiences
- Ensure all pre-requisites for physical therapy school and GRE are met
 - Note: not all Physical Therapy schools require the GRE, however many do

Spring

- Enroll in GRE preparatory course and book test date
- Create PTCAS account
- Collect letters of reference from professors and clinical supervisors ** Due June 1st**
- GRE exam = April / May
- Complete and submit application = June / July