

Curriculum Vitae
Kathleen G. Burger, PhD

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DEGREES

<u>PhD in Nursing</u>	2015
Duquesne University, Pittsburgh, PA	
<u>Master of Science in Nursing: Nursing Education</u>	2005
Drexel University, Philadelphia, PA	
<u>Master of Science in Education: Educational Leadership</u>	2004
Long Island University, Brookville, NY	
<u>Bachelors of Science in Nursing</u>	1978
Adelphi University, Garden City, NY	

CERTIFICATIONS

<u>Certified Nurse Educator (CNE)</u>	2006-current
National League for Nursing	
<u>School Administrator and Supervisor</u>	2004-current
New York State Education Department	
<u>Teacher Certification: Practical Nursing/ Health</u>	2002-current
New York State Education Department	
<u>Registered Nurse</u>	
New York State	1978-current
Hawaii State	2016-current

HAWAI'I PACIFIC UNIVERSITY APPOINTMENTS

<u>Professor</u>	2018-current
<u>Associate Professor</u>	2016-2018
<u>Interim Undergraduate Nursing Department Chairperson</u>	2017-2018

OTHER PROFESSIONAL APPOINTMENTS AND POSITIONS

<u>Academic Chairperson / Professor of Nursing</u>	
Suffolk County Community College (SCCC) School of Nursing	2005-2016
<u>Adjunct Faculty Member</u>	
Long Island University School of Nursing RN-BSN Program	2011
<u>Associate Faculty Member / Online Professor</u>	
University of Phoenix School of Nursing RN-BSN Program	2009-2011
<u>Assistant Program Coordinator / Instructor</u>	
Board of Cooperative Education School of Practical Nursing	1992-2005
<u>Clinical Nursing Practice</u>	1978-2016

COURSES TAUGHT

@Hawai'i Pacific University:

NUR9010 Doctoral Project Development
 NUR9020 Doctoral Project Ii: Implementation
 NUR9030 Doctoral Project Iii: Data Analysis & Dissemination
 NUR8060 Essential Competencies for Nurse Educators
 NUR8020 Informatics, Technology & Data Management of Advanced Practice
 NUR3900 Nursing Leadership & Management
 NUR3710 Evidence-based Practice & Research
 NUR2971 Health Assessment Laboratory
 NUR2970 Health Assessment
 NUR2965 Transition to Professional Nursing Practice
 NUR2950 Concepts & Challenges: Foundations of Nursing Practice
 NUR2710 Pathophysiology/ Pharmacology

@Other Colleges and Nursing Programs:

Adult Health Nursing
 Dosage Calculation for Nurses
 Fundamentals of Nursing
 Health Assessment
 Healthcare Communication
 Introduction to Professional Nursing
 Life Span Development

PROFESSIONAL ACTIVITIES

Publications:

(In progress) Kakiuchi, S., Burger, K.G., & Lo, S. (2019). Improving delirium care in hospitalized older adults: Impact of education on hospital aides (has) as sitters. *Journal of Geriatric Nursing*
 Abstract: As one of several hospital team members involved in the management of care for an older adult with delirium, a hospital aide (HA) is often relied upon to provide direct patient care in the role as a sitter (Collela, et al., 2017). Yet, many hospital aides have not received training about delirium, its associated symptoms, or appropriate interventions (Carr, 2013; Solimine et al., 2018). This practice improvement project sought to determine if an educational session, based on the theoretical framework of Albert Bandura's Social Learning Theory (Bandura, 1969), increased HA knowledge and delirium behavior(s) recognition, as well as accurate performance in the delivery of care to patients with delirium. A significant improvement was noted on a knowledge posttest as well as accuracy of skills when observed at the bedside. The education session also contributed to increased confidence and less apprehension in HAs caring for patients with delirium and a clearer definition of how HAs can be important contributors to the interdisciplinary team (IDT).

Burger, K. G., & Lockhart, J. S. (2017). Meditation's effect on attentional efficiency, stress, and mindfulness characteristics of nursing students. *Journal of Nursing Education*, 56(7), 430-434. doi:10.3928/01484834-20170619-08

Abstract: Strengthening attention-regulation efficiency of nurse graduates is important to the quality and safety of nursing practice in increasingly complex and cognitively distracting workplaces. Neuroscientific evidence suggests that regular practice of focused meditation can enhance attentional skills. This study

explored meditation as an educational strategy for enhancing nursing students' attentional efficiency. A randomized-control trial with 52 pre-licensure nursing students examined differences between those who meditated and those who did not on measurements of alerting, orienting, and executive attention. Stress and mindfulness were also explored. Meditation demonstrated moderate strength for enhancing executive attention, $F = 4.26 (1, 49), n^2 = .080, p = .044$. Additional outcomes specific to the meditation group were reduced stress and increased mindfulness, $F = 7.16 (2, 47), n^2 = .234, p = .002$. Results support the consideration of meditation training as a strategy for enhancing nursing students' attentional efficiency and other self-regulatory skills necessary for safe nursing practice.

Burger, K., Kramlich, D., Malitas, M., Pate-Cutrara, K., & Whitfield-Harris, L. (2014). Application of the symphonological approach to faculty incivility in nursing education. *Journal of Nursing Education, 53(10)*, 563-568. doi: 10.3928/01484834-20140922-02

Abstract: The nature of ethical interactions among nurse educators is crucial in modeling ethically based relationships for nursing students. This article focuses on the issue of uncivil faculty-to-faculty relationships in nursing education and is supported by a literature review of incivility in academic settings and the experiential reflections of seasoned nurse educators. The bioethical practice-based theory of symphonology provides a new perspective for framing these reviews and reflections. This theory can facilitate decision making in difficult interactions and sustain a focus on the central agreements that are foundational to nursing education. Incivility exemplars are explored within the context of autonomy, freedom, objectivity, beneficence, and fidelity, and the integration of academia and ethics is discussed as essential to nursing education and human caring.

Non-published Works:

"The Impact of Incivility on the Art of Caring: The Lived Experience of Nursing Students" 2007
Study examined evolution of student perceptions about nurse caring while enrolled in an associate degree nursing program.

Curriculum Authorships:

Study Abroad Course-A Comparative Healthcare Study: Florence Nightingale Revisited 2010
Comparative study of US and UK health care and educational systems, presentations at St. Thomas Hospital London, and study of Nightingale's impact on modern day nursing.

SCCC Practical Nursing (PN) Curriculum 2006
Occupational analysis, planning, development, and approval processes for a new college PN program of study and all course curriculum

Presentations:

Poster 2019
National Conference for Nurse Practitioners in Acute Care – Baltimore, MD
"Improving the perceived self-efficacy to quit smoking in low socioeconomic adults: A brief smoking cessation intervention for use in a free clinic setting"

Poster 2019
Sigma Theta Tau International Nursing Congress – Calgary, CA
"Improving Delirium Care in Hospitalized Older Adults: Impact of Education on Hospital Aides (HAs) as Sitters"

Podium	2016
Sigma Theta Tau - NLN Nursing Education Research Conference-Washington, DC <i>"Enhancing safety education of nursing students: The use of focused-awareness meditation to promote attentional efficiency"</i>	
Poster	2016
International Conference on Arts and Humanities-Honolulu, HI <i>"Examining the effect of focused meditation training and practice on attentional efficiency, perceived stress, and mindfulness characteristics of college students"</i>	
Roundtable	2013
11 th Annual International Scientific Conference Investigating & Integrating Mindfulness in Medicine, Health Care, and Society- University of Massachusetts Medical School <i>"Integrating Mindfulness into Nursing Education Programs"</i>	
Poster	2013
SUNY College Nursing Education Conference on Interprofessional Collaborative Practice– Farmingdale State College, NY <i>"A Symphonological Approach to Successful Collaboration"</i>	
Podium	2007
Drexel University Nursing Education Institute National Conference - Miami, FL <i>"Workplace Incivility; Undermining Nursing Retention"</i>	

Scholarly Projects & Research:

Project Leader: CHS Interprofessional Education Poverty Simulation Spring 2017 – current

- Initiated project for integration of the Community Action Poverty Simulation (CAPS) into College of Health and Science curriculum.
- Coordinated the development of project plan and grant proposal as an interprofessional education exercise and research study: *"Exploring the Interprofessional Learning Experiences and Cultural Adaptations of a Community Poverty Simulation Exercise"*. Funding received \$6201.00.
- CAPS facilitator training 11/13-14/2017 in Kansas City, MO.
- Serve as key organizer and facilitator of poverty simulation events with approximately 70 student and 20 volunteer participants biannually.
- Ongoing research in collaboration with public health and social work faculty exploring the effectiveness of the community poverty simulation conducted as an interprofessional educational (IPE) experience for students and faculty in three CHS departments. Students from social work, public health, and nursing participate in the poverty simulation as members of various simulated families living in poverty. Faculty, staff, and other members of the Hawai'i community role-play various community resource roles. A mixed method design allows for collection of quantitative data on pre-post Likert-scale questionnaires aimed at assessing participant knowledge, skills, and attitudes about the impact of poverty as well as student's perceived value in participating in an IPE activity. Qualitative data collection is conducted post simulation to further explore these variables.

Additional inquiry with participants and community volunteers will be used to support creation of a culturally competent adaption of the simulation specific to the population groups of Hawai'i.

Project Leader: BSN Curriculum Revision & Implementation Spring 2017 - current

- Conducted curriculum innovation meetings, facilitated discussion and faculty input to reach consensus on comprehensive BSN curriculum revision.
- Recommended and introduced faculty to ATI curriculum mapping software (C-MAP); took on role of C-Map administrator with ATI nurse consultants.
- Facilitated two ATI nursing education consultation meetings with faculty.
- Presented curriculum plan and course proposals to department, college, and university committees. Final approvals received December 2017.
- Prepared two major revision reports to Hawai'i State Board of Nursing. Approved.
- Prepared Commission on Collegiate Nursing Education (CCNE) substantive change report.
- Serve as key informant on undergraduate nursing curriculum.
- Mentor faculty in the implementation of new courses.

Ad hoc Committee Lead: BSN Medication Calculation Competency Spring 2019 – current

- Led 2 person ad hoc committee to develop improved methods of dosage calculation student assessments.
- Created online medication calculation tutorial for student use
- Constructed 8 versions of online medication calculation competency assessments (MCCA)
- Developed a process plan to deliver MCCAs and remediation sessions.

Accreditation Activities:

Faculty Team Member 2017-2019

HPU Doctorate in Nursing Practice Initial Accreditation Self-Study and Site Visit for Commission on Collegiate Nursing Education (CCNE)

Faculty Team Member 2017-2018

HPU BSN and MSN Re- Accreditation Self-Study and Site Visit for Commission on Collegiate Nursing Education (CCNE)

Editor, Co-author 2010

SCCC School of Nursing-Practical Nursing certificate program Self-Study Report for National League for Nursing Accrediting Commission (NLNAC)

Editor, Co-author 2007

SCCC School of Nursing-Registered Nursing program Self-Study Report for National League for Nursing Accrediting Commission (NLNAC)

Memberships:

- American Nurses Association
- National League for Nursing
- Sigma Theta Tau International Honor Society
- Phi Kappa Phi Honor Society – Duquesne University
- Society for Simulation in Healthcare

American Nursing Informatics Society
Watson Caring Science Institute

INSTITUTIONAL SERVICE

Hawai'i Pacific University (HPU)

Member: Fall 2017-current
HPU Undergraduate Curriculum Committee
Volunteer Board Member: Fall 2017
HPU Student Conduct Hearing Board
Department Representative: Fall 2017 - current
Undergraduate Preview Day

College of Health and Society (CHS)

Member: Fall 2016-2017
College of Health and Society Student Success Committee
Member: Fall 2017-Spring 2018
College of Health and Society Executive Committee
Member: Fall 2016 -current
College of health and Society Undergraduate Curriculum Committee

CHS Nursing Department

Chairperson: Fall 2016-current
BSN Curriculum Committee
Vice President: Fall 2017-2019
Nursing Faculty Assembly (NFA)
Member: Fall 2017-2018
Undergraduate Admissions Committee
Member: Spring 2017-2019
MSN Program Committee
Member: Spring 2017-current
Doctor of Nursing Practice Program Committee
Member: Fall 2019 - current
Faculty Promotion and Review Committee

OTHER RELATED SERVICE

Faculty Advisor/Participant Fall 2017
Triannual Airport Disaster Exercise (TADE) Honolulu Intl Airport
Faculty Advisor/Volunteer Fall 2017
Hawai'i Pacific Health Kids Fest
Faculty Advisor Spring & Fall 2017
BSN Student Pinning Committee
Member of the Board 2015-2016
Professional Nurses Association of Suffolk County
Other Community Service Current
Boys & Girls Club Hawai'i, Hui Pakolea, Habitat for Humanity