

This is **ONLY a sample** degree plan. Please meet with your academic advisor prior to registration to formulate your own plan, and for additional information refer to the [academic catalog](#).

**If you were placed into introductory Writing and/or Mathematics courses based on your placement and/or test scores, please see next page.*

Year	Fall Semester		Spring semester	
1st	GE WC&IL 1	3	GE WC&IL 2	3
	PSY 1000 Intro to Psych. (GE Critical Thinking)	3	GE Hawai'i and the Pacific	3
	PSY 1100 Probabilistic Thinking (GE QA& SR)	3	PSY 2100 Statistics in Psychology	4
	GE Tech and Innovation	3	GE American Experience	3
	GE Global Crossroads & Diversity	3	GE Traditions and Movements	3
	Total Credits	15	Total Credits	16

Year	Fall Semester		Spring semester	
2nd	PSY 2200 Rsch Methods in Psychology	4	PSY 3100 Learning and Cog. Processes [†]	3
	GE Natural World	3	COM 3500 Technical Communication (UDW)	3
	GE Creative Arts	3	GE Sustainable World	3
	First semester language	3	Second semester language	3
	Unrestricted Elective or minor course	3	Unrestricted Elective or minor course	3
	Total Credits	16	Total Credits	15

Year	Fall Semester		Spring semester	
3rd	PSY 3200 Biopsychology [†]	3	PSY 3300 Social Psychology [†]	3
	PSY 3235 Cross-Cultural Psychology	3	PSY 3400 Lifespan Development	3
	PSY 3500 Tests and Measurements [†]	3	2nd UD Major Elective (PSY 3925 if taking PSY 4925)	3
	1 st Upper-Division Major Elective	3	Unrestricted Elective or Minor Course	3
	Unrestricted Elective or Minor Course	3	Unrestricted Elective or Minor Course	3
	Total Credits	15	Total Credits	15

Year	Fall Semester		Spring semester	
4th	PSY 49xx Research Seminar or Practicum	3	3 rd Upper-Division Major Elective	3
	PSY 3600 Abnormal Psychology	3	4 th Upper-Division Major Elective	3
	Unrestricted Elective or Minor Course	3	Upper Division Values Course or elective *	3
	Unrestricted Elective or Minor Course	3	Unrestricted Elective or Minor Course	3
	Unrestricted Elective or Minor Course	3	Unrestricted Elective or Minor Course	3
	Total Credits	15	Total Credits	15

This schedule is only a suggestion; make sure you understand the necessary prerequisites for each course and consult with your Academic Advisor. Course availability subject to change; actual degree audits may change depending on course availability in a given semester. [†]Courses in red are currently only offered once per year in 16 week terms. * PSY 4950 will satisfy the Upper-Division Values Requirement or students can take any Values course if they choose PSY 4925 for the capstone.

Baccalaureate Requirements

- Total Degree Credits Required = 120 credits of which a minimum of 36 are Upper-Division Credits (level 3000 and above)
- Completion of Major Requirements (as indicated above); Completion of General Education Requirements (as indicated above)
- Cumulative GPA of at least 2.0; Major GPA of at least 2.0
- Residency Requirements: 12 credits of major coursework and 24 of the last 30 credits immediately preceding graduation (ServiceMember's Opportunity College students, please see your academic advisor)

For more information on our General Education curriculum please refer to our Academic Catalog or visit: <https://www.hpu.edu/gen-ed/index.html>

* This version of the degree plan will work if you start with WRI 1050 and/or don't take your GE QA&SR in the first term or have to repeat WC&IL 2.

Year	Fall Semester		Spring semester	
1st	WRI 1050 or GE WC&IL 1	3	GE WC&IL 1 or GE WC&IL 2	3
	PSY 1000 Intro to Psych. (GE Critical Thinking)	3	GE Hawai'i and the Pacific	3
	GE Creative Arts	3	PSY 1100 or MATH 1123 (GE QASR)	4
	GE Tech and Innovation	3	GE American Experience	3
	GE Global Crossroads & Diversity	3	GE Traditions and Movements	3
	Total Credits	15	Total Credits	16

Year	Fall Semester		Spring semester	
2nd	PSY 2100 Statistics in Psychology	4	PSY 3235 Cross-Cultural Psychology	3
	GE Natural World	3	COM 3500 Technical Communication (UDW)	3
	GE WC&IL 2 or elective	3	GE Sustainable World	3
	First semester language	3	Second semester language	3
	Unrestricted Elective or minor course	3	PSY 2200 Rsch. Methods in Psychology	3
		Total Credits	16	Total Credits

Year	Fall Semester		Spring semester	
3rd	PSY 3200 Biopsychology [†]	3	PSY 3300 Social Psychology [†]	3
	1 st Upper-Division Major Elective	3	PSY 3400 Lifespan Development	3
	PSY 3500 Tests and Measurements [†]	3	3rd UD Major Elective (PSY 3925 if taking PSY 4925)	3
	2nd UD Major Elective	3	PSY 3100 Learning and Cog. Processes [†]	3
	Unrestricted Elective or Minor Course	3	Unrestricted Elective or Minor Course	3
		Total Credits	15	Total Credits

Year	Fall Semester		Spring semester	
4th	PSY 49xx Research Sem. or Practicum or elective [#]	3	4th Upper-Division Major Elective	3
	PSY 3600 Abnormal Psychology	3	PSY 4925, or PSY 4900 (OL 8B) or elective [#]	3
	Unrestricted Elective or Minor Course	3	Upper Division Values Course or elective [*]	3
	Unrestricted Elective or Minor Course	3	Unrestricted Elective or Minor Course	3
	Unrestricted Elective or Minor Course	3	Unrestricted Elective or Minor Course	3
		Total Credits	15	Total Credits

#If PSY 4925 is taken for the capstone, PSY 3925 must be taken in a preceding semester. 4950 is only offered in Fall and 4900 is only offered in 8 week terms. *If students chose PSY 4950 they will have met the UDV requirement and will have an elective here; otherwise take any UDV course. [†]Courses in red are only offered once per year in 16 week terms. They are often available in the opposing term as 8 week courses.

Sequencing rules: PSY 2100 requires PSY 1000 and either PSY 1100 or MATH 1123; PSY 2200 requires PSY 2100 and WC&IL 2. Most core courses (3x00=3100, 3200 etc.) require both PSY 2100 and 2200. Capstone courses (49xx) require completion of three of the core courses.